**Enhancing Resilience and Social Cohesion among Refugee and Host Community Women in Turkey - TOT sessions**

**First Day: self awareness and gender equality nexus**

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| **Time** | **Topic** | **Why are we discussing this** |
| 9.00 – 9.30 | Introduction | Why are we here today |
| 9.30 – 10.30 | Self assessment   * Self awareness/ confidence * Building solidarity with host communities | The session is intended to help women to identify themselves as active agent of chance, solidarity and cohesion in their houses and within their communities, to bring out the best in them |
| 10.30 – 11.30 | Case study (to discuss in groups and then present) | If I were to draft the ‘Code of co-existence with women from other nationalities, what would I include? |
| 11.30 – 12.00 | Break | |
| 12.00 – 13.00 | Applying gender concepts   * Gender Awareness and Gender Equality * Practical vs. strategic gender needs | Understanding the different terms and concepts related to gender roles and gender equality |
| 13.00 – 14.00 | Case study (to discuss in groups and then present) | In what way does gender inequality impact on women/ girls? Write down the main factors |
| 14.00 – 14.30 | Wrap Up | What did I like/ dislike? How can I improve? |

**Second Day: women’s Empowerment, factors and impediments, & discrimination**

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| **Time** | **Topic** | **Why are we discussing this** |
| 9.00 – 9.30 | Recap | What was the most important information that I learnt yesterday, and what was the least important |
| 9.30 – 10.30 | Empowerment   * Factors vs. Impediments * Discrimination | What leads to girls/ women’s empowerment, and what are the obstacles that stands in the way, and the main discrimination against girls |
| 10.30 – 11.30 | Case study (to discuss in groups and then present) | Identify how cultural traditions impact women’s lives and if they lead to discrimination against girls/women |
| 11.30 – 12.00 | Break | |
| 12.00 – 13.00 | GBV   * Different forms of GBV * Child Marriage * Involving men to end VAW | Understanding what is considered as violence and how violence come in different forms, including child marriage, and how men can be positive actors of change against violence |
| 13.00 – 14.00 | Case study (to discuss in groups and then present) | How does culture and tradition impact on women’s lives? |
| 14.00 – 14.30 | Wrap Up | What did I like/ dislike? How can I improve? |

**Third Day:** Women’s Human Rights

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| **Time** | **Topic** | **Why are we discussing this** |
| 9.00 – 9.30 | Recap | What was the most important information that I learnt yesterday, and what was the least important |
| 9.30 – 10.30 | What are Human Rights?   * HR Charter * CEDAW * ILO Conventions * Beijing PoA | What HRs are, and what are women’s HRs, how they emerged and evolved in different conventions and treaties |
| 10.30 – 11.30 | Case study (to discuss in groups and then present) | Which are the HRs that are most difficult to implement, and why? |
| 11.30 – 12.00 | Break | |
| 12.00 – 13.00 | Basic Training Techniques | Different techniques to use when conducting a training |
| 13.00 – 14.00 | Practising | Each participant will prepare 1-2 slides and present it to the rest of the participants |
| 14.00 – 14.30 | Wrap Up | What did I like/ dislike? How can I improve? |